

# Taya Mikado

Toronto, ON | [www.tayamikado.com](http://www.tayamikado.com)

## EDUCATION

**Lincoln Alexander School of Law**, Toronto, ON Sept. 2021 - Present

*Juris Doctor (Candidate 2024)*

- Achieved top team at the 2021 Lincoln Alexander Cup negotiation competition
- Competed at the 2022 Canadian National Negotiation Competition (CNNC)

**University of British Columbia**, Vancouver, BC Sept. 2018 – July 2021

*B.A. Honours Philosophy with Distinction*

- Accomplished an A- (84.5%) cumulative average

**Lethbridge College**, Lethbridge, AB Sept. 2017 – June 2018

*General Studies*

- Awarded the 2018 Kodiaks Pillar Award for academic accountability, athletic excellence, and high achievement of the student-athlete experience

**Capilano University**, North Vancouver, BC Sept. 2016 – June 2017

*Associate of Bachelor of Science*

- 2016-17 Capilano University Blues Scholar Athlete Honourable Mention

## WORK EXPERIENCE

**Communications & Outreach Lead**, Toronto, ON Sept. 2023 – Present

*Bereaved Families of Ontario - Toronto*

- Managing communication channels, including newsletters promoting events and initiatives, while nurturing community relationships and inviting new connections
- Coordinating the collection and distribution of grief-related resources to our community
- Developing and executing a social media strategy to enhance online engagement
- Collaborated with Evergreen Brick Works to provide event peer support services at The Good Mourning Festival Day 1: Together in Grief 2023
- Connected with imagineNATIVE Film + Media Arts Festival to invite the BFO community to attend the premier screening of the short film program 'Embracing Loss'

**Research Assistant**, Toronto, ON May 2022 – Present

*Lincoln Alexander School of Law*

- Analyzed dominant theoretical trends in law and technology conversations to discern the foundations of law and technology as an academic discipline and practice area
- Designing and managing the Justice & Technology Initiative, International Law & Policy Initiative, and the Indigenous & Aboriginal Laws Initiative websites and brand identities

- Exploring the role of artificial intelligence in impact assessments and its legal implications

**Author**, Toronto, ON

Sept. 2019 – Present

*FriesenPress Publishing*

- Wrote, edited, and self-published (Jan. 2023) the book, *This Grief Thing F\*\*king Sucks*
- Designed the book cover and the brand identity to align with the goals for the book
- Creating promotional marketing materials aligned with launch and sales strategies
- Organizing grief and mental health workshops or third spaces for collective healing
- Creating zines and education materials to spread awareness about young adult grief and mental health among vulnerable populations

**Legal Innovation Zone Legal Clinic Student**, Toronto, ON

Sept. 2022 – April 2023

*Epilogue Wills*

- Assisted *Epilogue Wills* founders with legal research, writing blog posts, & SEO strategy

**Accessibilities Notetaker**, Vancouver, BC

Jan. 2019 – May 2020

*University of British Columbia*

Jan. 2020 – Apr. 2020

- Developed strong time management skills by providing organized and detailed lecture notes to students within 48 hours of the lecture
- Required strong academic records and understanding of issues related to confidentiality and privacy

**Coach**, North Vancouver, BC

Jan. 2019 – May 2020

*BCO Volleyball Club*

- Drafted and administered practice plans corresponding to athletes' skill levels
- Empowered young athletes interested in university athletics with support and guidance
- Strengthened team morale through healthy and efficient communication
- Educated young female athletes on sport specific mental strength training through activities focused on mental health awareness, confidence, and mindfulness in sport

**Banquet Captain**, Lethbridge, AB

Oct. 2017 – Aug. 2018

*Prime Catering*

- Developed healthy and efficient communication skills by managing a team of staff to run banquet events and responding to client's wants
- Familiarized staff and clients with banquet options and accommodations
- Trained staff on how to serve, decorate, and organize banquets

## EXTRACURRICULAR & VOLUNTEER EXPERIENCE

**BFO Peer Support Volunteer**, Toronto, ON

June. 2023 – Present

*Bereaved Families of Ontario - Toronto*

- Completed specialized training as a BFO Peer Support Group Facilitator, deepening my understanding of grief and bereavement
- Co-facilitated a peer support group dedicated to young adult grievers, emphasizing emotional safety, empathetic support and healing in a safe environment
- Offered compassionate guidance and created an open, supportive space for participants to share experiences, find comfort, and progress on their healing journeys

**Executive of Operations and Resources**, Toronto, ON Sept. 2022 – Present  
*The Lincoln Alexander Advocacy Society*

- Amalgamated the Lincoln Alexander Moot Society with the proposed Negotiation Lawyering Skills Club to create the Lincoln Alexander Advocacy Society (LAAS)
- Drafted and implemented LAAS’ constitution including an EDI checklist for events
- Oversee the societies operations while ensuring that LAAS’ goals to provide development opportunities, assist competitive opportunities, and provide resources are met

**Tutor and Mentor**, Toronto, ON Oct. 2021 – Present  
*Pathways to Education*

- Host weekly tutoring sessions for students grades 8 through 12
- Organize mentoring or career planning workshops for students

**1L Social & Finance Representative**, Toronto, Ontario Sept. 2021 – August 2022  
*Lincoln Alexander Law Students Society (LALSS)*

- Collaborated with the LALSS team to organize, budget, and execute community events

**Varsity Volleyball**, Vancouver, BC & Lethbridge, Alberta Sept. 2016 – May 2019  
*Capilano University, Lethbridge College, University of British Columbia*

- Competed on the varsity women’s volleyball teams
- Awarded 3<sup>rd</sup> place at the Pacific Western Athletic Association Championships 2016/2017

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## CERTIFICATIONS

**BFO Peer Support Certification**, Toronto, ON July 2023  
*Bereaved Families of Ontario - Toronto*

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## CONFERENCES ATTENDED

**Collision**, Toronto, ON June 27-29, 2023

**Bracing for Impact Conference: The Future of AI for Society**, Toronto, ON Nov. 9, 2022

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## ACTIVITIES & INTERESTS

**LANGUAGES:** Fluent in English, and recently began learning Korean

**SPORTS:** Volleyball, basketball, badminton, tennis, slow-pitch, jujitsu, windsurfing and yoga

**TECHNOLOGY TOOLS:** Enthusiasm for technology inspired designing websites and utilising productivity technologies such as *Asana*, *Notion*, *Google Workspace*, and the *Apple* ecosystem

**DIGITAL ART:** Designing a book cover led to proficiency in *Procreate* and *Adobe InDesign*

**PERFORMING ARTS:** Completed grades 1 – 7 Speech and Drama exams through the Trinity College London which required performing poetry, prose, and play extracts in various styles

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